

Dear Parents and Family Caregivers,

Our class just completed the fifth of eight lessons from "Protecting You/ Protecting Me" (PY/PM.) Lesson 5 focuses on helping students understand the qualities of a good friend.

Here is a summary of what your child learned in Lesson 5:

- A quality friendship is one that makes us feel good about our friend and ourselves and proud to say we share a friendship. In a quality friendship, we feel good about our friend and ourselves most or all of the time.
- The qualities we want in a friend are the same qualities that our friends will want us to have.
- A friend is someone who will not ask us to do something we think is wrong or dangerous.
- Friends can forget how to be a friend, but when they remember, they say, "I am sorry."
- A person who says they are your friend but keeps asking you to do things you know are wrong or things that could get you in trouble is not acting like a friend. Talk to a trusted adult about what to do.

"Protecting You/Protecting Me" - Lesson 5 - "Choosing Friends"

"AT HOME ACTIVITY"

Find out what your child learned about friendship!

Please ask your child:

- To read to you his/her "Personal Pledge," about the qualities of friendship he/she will show others

Please tell your child:

- About your best friend in middle school or junior high and the qualities you liked best about him or her
- About your best friend in high school and the qualities you liked best about him or her

Please rate the "At Home Activity" for PY/PM - Grade 4 Lesson 5

(Please circle one of the answers below the following statement.)

The "At Home Activity" helped me understand what my child is learning in PY/PM:

- 1. A lot 2. Some 3. Not very much 4. Not at all**

How can we make the "At Home Activity" better? _____

Parent/Family Caregiver Signature: _____ **Date:** _____

Please ask your child to return this to school. Thank you!